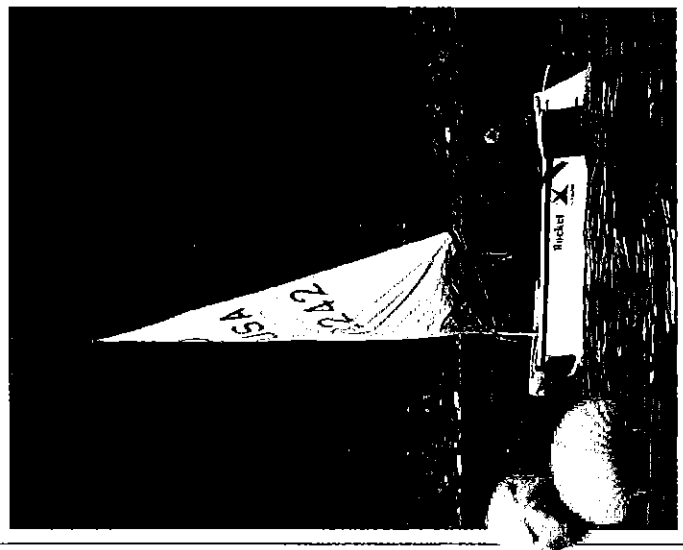
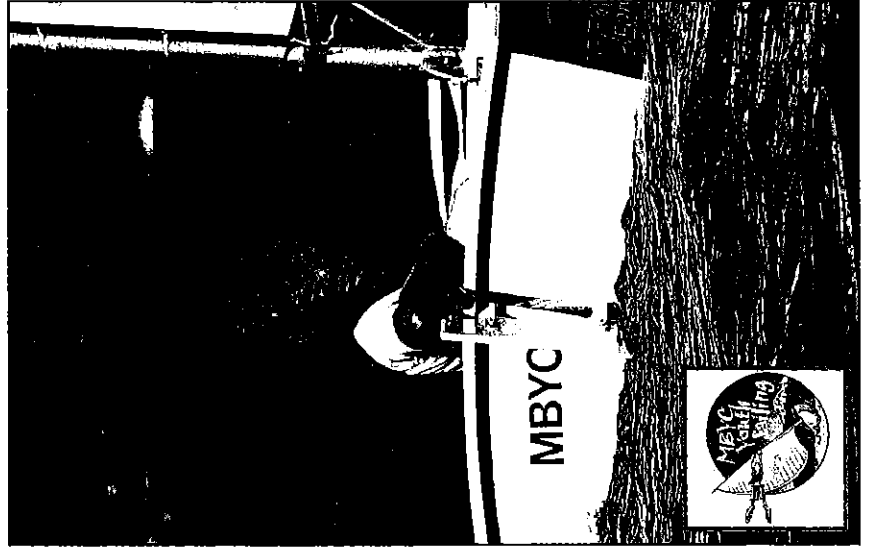




# LEARN TO SAIL

MBYC Youth Sailing



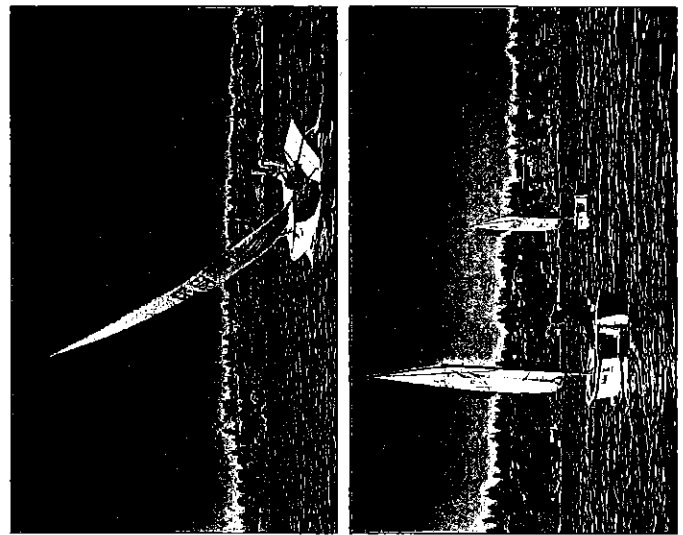
### MORE INFORMATION

See MBYC website [www.mbycwa.org](http://www.mbycwa.org). Click on Youth Sailing for more information, schedule and on-line registration.



*MBYC Youth Sailing is a 501-C3 non-profit organization.*

The BellevueSchool District does not sponsor nor endorse this event and/or information, nor does the district assume responsibility for it. In consideration of the privilege to distribute materials, the BellevueSchool District will be held harmless from any cause of action filed in any court or administrative tribunal arising out of the distribution of these materials, including costs, attorney fees and judgments or awards



### LEARNING A SPORT

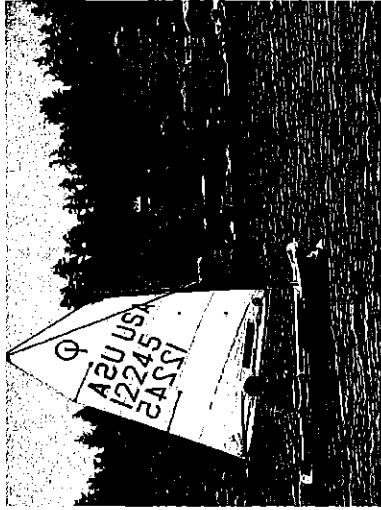
Encourage your children to learn a sport they can enjoy right away – and for the rest of their life. Sailing is fun. Sailing is social. It builds physical strength and mental acuity. It builds self-reliance, encourages respect for the environment and offers the rewards that come from challenge and competition.

One week camps are held at Meydenbauer Bay Yacht Club on Lake Washington. Instructors are certified by United States Sailing Association and trained in water safety and first aid. This program is open to all youths 8 to 18 years old who have demonstrated swimming ability. Membership in Meydenbauer Bay Yacht Club is NOT required.

Beginning camps focus on the fundamentals of sailing, basic dinghy handling and water safety. Advanced camps expand boat handling techniques and introduce racing. We also have a race team.

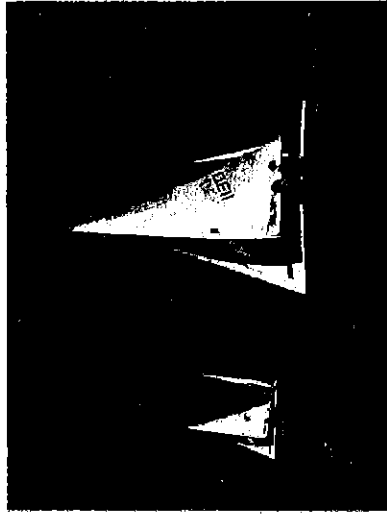
# The Boats

OPTIS



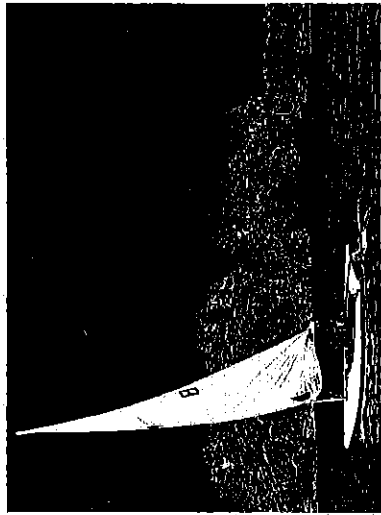
We use Optis, an 8' beginner boat with one sail and one sailor for kids age 8-11. These are the simplest and easiest boats to sail in our fleet. Kids learn quickly in them because they have no one else in the boat to depend on.

VANGUARD 15



We recommend our Vanguard 15s for more experienced sailors age 11-18 who have outgrown Optis and want a more challenging, faster and more sophisticated boat. These are 15' intermediate boats with 2 sails and 2 sailors.

LASERS



Lasers are 14' high performance boats with one sail and one sailor for experienced kids who weigh more than 100 pounds. These are Olympic-class boats and almost every world-class sailor started sailing in a Laser and races them regularly to maintain top-notch proficiency. One week sailing experience in MBYC classes or equivalent is required to qualify for Laser lessons.

## BOAT SELECTION QUICK GUIDE

OPTIS	AGES 8 - 11
V15S	AGES 11 - 18
LASERS	AGES 11 - 18 OVER 100 POUNDS



### WHICH WEEK?

*The earlier part of the summer usually brings more wind but, unfortunately, along with that more cool weather or rain too. The later weeks are often sunny and warm and the lake water is warmer but often there's less wind. So the right week to sign up your kid depends on their nature and what kind of fun they want to have. If they are really gung ho and want to learn to sail and they are stoked by a challenge of the elements then earlier in the summer is better. If they are more laid back and the warm, sunny weather is more important sign them up later and be ready for a water balloon war if the winds die down. Either way, they're going to have a blast!*

